

## THE MEDITATED ROSARY OF THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

The meditations are taken  
From the Spiritual Diary of  
Elizabeth Kindelmann

### Joyful Mysteries

Monday and Saturday

#### The Annunciation

Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving yes joined to yours.

**Fruits: Humility**

**Mary:** "I place in your hands a ray of light. It is the Flame of Love of My Immaculate Heart! I am your caring Mother who loves you, and united with you hand in hand I shall save you." (13 Apr 1962)



#### The Visitation

Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.

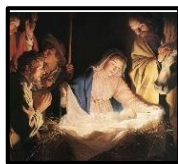
**Fruit: Love of Neighbor**

**Mary:** "There is so much sinning in the world! Help Me save souls! I place in your hands a ray of light: the Flame of Love of My Immaculate Heart. Ignite your own heart with it and pass it on to others, at least to one more soul!" (13 Apr 1962)



#### The Birth of Jesus

Mary tenderness of the poor, make us discover the true



wealth of the Kingdom, You who lived them at the birth of Jesus.

**Fruits: Poverty of Spirit & Detachment from Worldliness**

**Mary:** "This Flame of graces springing from My Immaculate Heart has to go from heart to heart. This will be the great miracle whose light will blind Satan." (13 Apr 1962)

#### The Presentation of Jesus in the Temple

Grant us, Mary, that we may recognize the Light of God in our lives, as Simeon did recognize it at the Presentation of Jesus.

**Fruit: Obedience**

**Mary:** "I will spread the flow of graces from My Flame of Love over all peoples and nations. Not just those belonging to the Catholic Church but over all those marked with the sign of the Cross of My Divine Son." (16 Sept 1963)



#### Jesus is Found in the Temple

Mary, who have welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.

**Fruits: Piety, Zeal for God & Joy in Finding Jesus**

**Mary:** "I can no longer suppress My Flame of Love within Me, let it flow toward you! Those who grant shelter to My Flame of Love will be empowered by an infusion of graces, and will proclaim to the whole world that such an outpouring of graces has never been seen since the Word became Flesh..." (7 Nov 1963)



### Luminous Mysteries

Thursday

#### The Baptism in the Jordan

O Mary, who kept everything in your Heart, make us attentive to God's presence and grateful for the privileged grace of our baptism.

**Fruit: Openness to the Holy Spirit**

**Jesus:** "Let him who walks with Me look into My penetrating eyes and merge himself in them!" ((114/63)



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#### The Wedding at Cana

O Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.

**Fruit: To Jesus Through Mary**

**Mary:** "The many graces that I give you, if you make good use of them – and you must always use them better and better, cause a great number of souls to become better." (30 Nov)



#### The Proclamation of the Kingdom



By your unceasing prayer, Mary, obtain for us to be authentic witnesses of the Good News of Jesus Christ.

**Fruits: Repentance, Trust in God & Boldness to Witness to the Good News**

**Jesus:** "Should you want to speak publicly or if you were asked to do so, I will then be there to comfort you. Each word should be like a seed which must bear many fruits among your listeners."

(26 July 1971)

#### The Transfiguration of Jesus

May our lives be transformed by the Holy Spirit, and may Your Flame of Love, Mary, warm our hearts like those of children.

**Fruits: Desire for Holiness & Transformed Souls That Burn With Sacrificial Love**

**Jesus:** "The aim is to make known the value of the work of salvation! Ah! If only your aspirations for salvation could reach the Throne of the Heavenly Father! The success would then be greater! Burn! Like the bush in flames of fire that did not burn up! I need a sacrifice that does not consume itself and whose fire reaches Me!" (22 Jul 1963)



#### The Institution of the Holy Eucharist

O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist, the Bread of Life of every day.



**Fruits: Active Participation at Mass & Intimacy With Jesus In the Eucharist**

**Jesus:** "Participation in the Sacrifice of the Holy Mass increases to the highest degree the blindness of Satan." (22 Nov 1962)

## Sorrowful Mysteries

**Tuesday and Friday**

### The Agony in the Garden

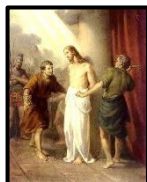


"My Father, if it is possible, let this cup pass Me by, nevertheless, let it be as You, not I, would have it." With You, Mary, may it become our prayer in our trials."

**Fruits: Fervor in Prayer, Contrition & Conformity to the Will of God**

**Jesus:** "My table is always set, without interruption. I, the Master, have sacrificed everything! My Self, I give you." (14 Jan 1963)

### The Scourging at the Pillar



May our suffering, united to the scourging of Jesus, become a prayer of offering to the world, with You, Mary.

**Fruits: Purity, Mortification & Penance**

**Jesus:** "When receiving Holy Communion, look deeply into your

soul and feel the effects My Precious Blood produces within you. Do not be insensitive to that! It is not by habit that you should come to My table, but rather propelled by a love that will be fuelled as it touches Mine, and which through Me, and in union with you, will burn away the sins of your soul..." (16 Jan 1964)

### The Crowning with Thorns



May the thorns of our heart make the garden of our life blossom in faith with You, Mary.

**Fruits: Moral Courage & Reign of Christ in Our Hearts.**

**Jesus:** "Without faith and trust, no virtue can take root in you. They are the foundation of this holy project for which we are preparing."



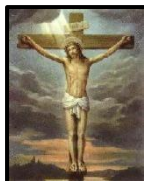
### Jesus Carries the Cross

May our daily cross be enlightened by the sorrowful cross of Jesus, which has become glorious by His by His Resurrection.

**Fruit: Patience in Bearing Trials**

**Jesus:** "We give you the strength and courage to take the first steps, but you should not delay accomplishing My will, or simply dismiss it with the back of your hand." (4/17/62)

### The Crucifixion



May the loving words uttered by Jesus on the Cross become seeds of life, love and forgiveness in all hearts.

**Fruits: Salvation, Self-Denial & Self-Sacrifice for God and Neighbor**

**Jesus:** "If you do not come to Me, how then can I bestow My graces upon you? The fullness of graces is stored up in My Heart. My Heart is an unending source of love." (10 Feb 1963)

## Glorious Mysteries

**Wednesday and Sunday**

### The Resurrection of Jesus



Through the power of Your Resurrection, grant us Lord the taste of life, and reach out to those who have lost its meaning.

**Fruit: Faith**

**Mary:** "When the consecrated and the laity observe absolute fasting on Monday, they deliver also many poor souls from Purgatory at each Holy Communion during that week at the time they receive the Holy Body of Our Lord Jesus Christ." (8/15/80)

### The Ascension of Our Lord

"Why are you standing here looking into the sky? Go out proclaim the Good News." May we become, O Lord, authentic witnesses of Your Resurrection.



**Fruits: Hope & Desire for Heaven**

**Jesus:** "The Church is in great danger and you cannot remedy the situation with earthly means or efforts. The Most Holy Trinity and the Holy Virgin alone, the Angels and all the Saints, and with the assistance of all the souls delivered by you from Purgatory, are still able to provide for the needs of the Militant Church." (8/15/80)

### The Descent of the Holy Spirit

Send forth Your Spirit, Lord, and give us the audacity of Your true disciples.

**Fruits: Wisdom, Love of God & Zeal for Souls**

**Jesus:** "I could compare this torrential flood to the first Pentecost. It will submerge the earth by the power of the Holy Spirit. All mankind will take heed at the time of this



great miracle. Here comes the torrential flow of the Flame of Love of My Most Holy Mother. The world, darkened already by the lack of faith, will undergo formidable tremors and then people will believe! (24 Mar 1963)

### The Assumption of Mary into Heaven



"I am the Resurrection and the Life." May these words, Mary, maintain us in the hope and the certainty of an eternal tomorrow.

**Fruits: Devotion to Mary & Grace of a Happy Death**

**Mary:** "Only through speech can My Flame of Love become known. I am standing with sadness in My Heart by the side of the world. You have no right to remain silent, neither by cowardice nor pride, neither by negligence nor fear of sacrifice. The words you speak about Me must be impregnated with all the fervor of your soul so that mankind can be touched by the mystery of Heaven." (26 Jul 1971)

### The Coronation of Mary in Heaven

O Mary, crowned in glory, kindle us continually by the Flame of Love of Your Immaculate Heart.

**Fruits: Eternal Happiness, Final Perseverance & Trust in Mary's Intercession**



**Mary:** "I grant to all of you the grace to be able to see the success of your effort -with regard to the diffusion of My Flame of Love- as well as in each heart taken individually, as well as in

your country and the whole world. You who toil and make sacrifices, you will see that My Flame of Love will submerge very soon the whole humanity." (11 Jul 1975)

### The Virgin Mary petitioned Elizabeth Kindelmann

to include in the Flame of Love Hail Mary the supplication by which satan is blinded:

*Hail Mary, full of Grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY, now and at the hour of our death. Amen.*