



The following prayers are Basic to the Flame of Love Holy Hour

1. **Meditation on the Five Wounds:**
We offer ourselves to the Heavenly Father through all the Wounds of our Savior, Jesus Christ:
 We kiss the wound of your **Sacred Left Hand**, with sorrow deep and true. +
 We kiss the wound of your **Sacred Right Hand**, with sorrow deep and true. +
 We kiss the wound of your **Sacred Left Foot**, with sorrow deep and true. +
 We kiss the wound of your **Sacred Right Foot**, with sorrow deep and true. +
 We kiss the wound of your **Sacred Side**, with sorrow deep and true. +
2. **Foundational Teaching on the Flame of Love** (Seminars, Teachings, Promises, Messages, Scripture...)
3. **Intentions:** (Our Priests, the Dying, Souls in Purgatory, Families, Unborn, End Abortion, Save Our Country, and Personal Petitions)
4. **Pray the Rosary** and insert in each Hail Mary the **petition to the Flame of Love:**
Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, **spread the effect of grace of Thy Flame of Love over all of humanity**, now and at the hour of our death. Amen.
5. **After each Decade:**
Glory be to the Father, and to the Son, and to the Holy Spirit. *As it was in the beginning, is now, and ever shall be, world without end. Amen.*
O my Jesus, forgive us our sins. Save us from the fires of hell. *Lead all souls to Heaven, especially those who are in most need of Thy Mercy.*
Come Holy Spirit! *Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.*
St. Joseph..., pray for us. (3 times).
Sing: Ave, Ave, Ave Maria...Ave, Ave, Ave Maria.
6. **-Hail Holy Queen...**
-Let Us Pray: "O God... "
-May the Divine assistance remain always with us,
 and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.
7. **Unity Prayer:** **My adorable Jesus,**
May our feet journey together.
 May our hands gather in unity.
May our hearts beat in unison.
 May our souls be in harmony.
May our thoughts be as one.
 May our ears listen to the silence together.
May our glances profoundly penetrate each other.
 May our lips pray together to gain mercy from the Eternal Father. Amen.
8. **My Adorable Jesus...** We ask you to take us in spirit before your Eucharistic Presence throughout the world.
Blessed Lady... Take us and place us where we belong in the Divine Fire. Share with us your Immaculate conception.
(pause for silent reflection)
9. **Prayer to Saint Joseph:** Oh, Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, we place in you all our interests and desires.
 Oh, Saint Joseph, do assist us by your powerful intercession, and obtain for us from your Divine Son all spiritual blessings, through Jesus Christ, our Lord, so that, having engaged here below your heavenly power, we may offer our thanksgiving and homage to the most Loving of Fathers.
 Oh, Saint Joseph, we never weary contemplating you and Jesus asleep in your arms; we dare not approach while He reposes near your heart. Press Him in our names and kiss his fine head for us and ask him to return the kiss when we draw our dying breath. Saint Joseph, Patron of departed souls, pray for us. Amen.
10. **Prayer to Saint Michael the Archangel:**
 Saint Michael the Archangel defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the Power of God, cast into hell, Satan and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen
11. **Prayer for the intentions of the Holy Father**
 (Our Father, Hail Mary, Glory Be).
12. **Prayer for the Propagation of the Flame of Love** Blessed Virgin Mary, our cherished heavenly Mother, you love God and us, your children, so much that you offer us to your Divine Son Jesus on the Cross, to forgive us by our Heavenly Father and to obtain our salvation, so that all those who believe in Him do not perish but obtain Eternal Life.
 With filial confidence, we pray to you, Virgin Mary, that with the Flame of Love of your Immaculate Heart, kindled by the Holy Spirit, you ignite in our languid hearts the fire of perfect love for God and all humanity, so that together with you, with one heart, we love God and our neighbor.
 Help us to transmit this holy Flame to all people of goodwill so that the Flame of Love extinguishes the fire of hatred everywhere on earth and that Jesus, the Prince of Peace, be the King and the center of all hearts in the Sacrament of His Love on the Throne of our alters. Amen.
13. **Meditation on the Five Wounds:**
(refer to prayer #1).
14. **Final Blessing:**
(blessings, shares, insights, intentions)